

# Environmental Terrorists Unmasked !

## Special Report.

29/07/2009

### Organic review published (organic food is NOT more nutritious)

July 29<sup>th</sup>, 2009



<< **G**ill Fine, FSA Director of Consumer Choice and Dietary Health, said : Ensuring people have accurate information is absolutely essential in allowing us all to make informed choices about the food we eat. This study does not mean that people should not eat organic food. What it shows is that there is little, if any, nutritional difference between organic and conventionally produced food and that there is no evidence of additional health benefits from eating organic food. >>

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An independent review commissioned by the **Food Standards Agency (FSA)** shows that there are **no important differences in the nutrition content, or any additional health benefits, of organic food when compared with conventionally produced food.** The focus of the review was the nutritional content of foodstuffs.

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Gill Fine, **FSA** Director of Consumer Choice and Dietary Health, said : ‘ *Ensuring people have accurate information is absolutely essential in allowing us all to make informed choices about the food we eat. This study does not mean that people should not eat organic food. What it shows is that there is little, if any, nutritional difference between organic and conventionally produced food and that there is no evidence of additional health benefits from eating organic food.* ’

‘ *The Agency supports consumer choice and is neither pro nor anti organic food. We recognise that there are many reasons why people choose to eat organic, such as animal welfare or environmental concerns. The Agency will continue to give consumers accurate information about their food based on the best available scientific evidence.* ’

The study, which took the form of a ‘*systematic review of literature*’, was carried out by the **London School of Hygiene and Tropical Medicine (LSHTM)**. **LSHTM**’s team of researchers, led by Alan Dangour, reviewed all papers published over the past 50 years that related to the nutrient content and health differences between organic and conventional food. This systematic review is the most comprehensive study in this area that has been carried out to date.

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The **FSA** commissioned this research as part of its commitment to giving consumers accurate information about their food, based on the most up-to-date science.

This research was split into two separate parts, one of which looked at differences in nutrient levels and their significance, while the other looked at the health benefits of eating organic food. A paper reporting the results of the review of nutritional differences has been peer-reviewed and published today by the **American Journal of Clinical Nutrition**.

Dr Dangour, of the **LSHTM**’s Nutrition and Public Health Intervention Research Unit, and the principal author of the paper, said : ‘ *A small number of differences in nutrient content were found to exist between organically and conventionally produced crops and livestock, but these are unlikely to be of any public health relevance. Our review indicates that there is currently no evidence to support the selection of organically over conventionally produced foods on the basis of nutritional superiority.* ’

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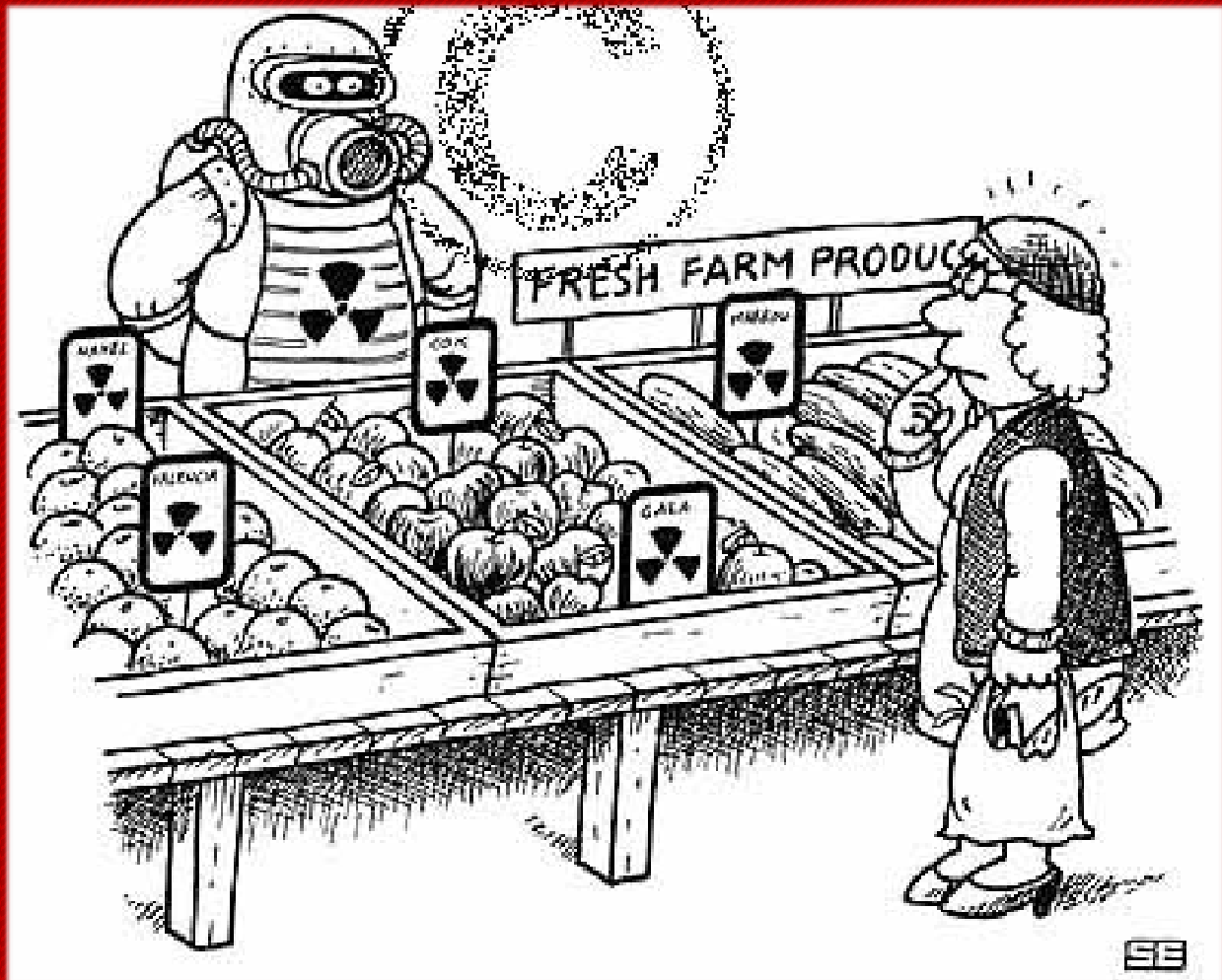
*Once upon a time ...  
... enviro-maniacs would  
recommend organic food  
as a safer alternative to  
conventional food.*

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**THE SCARE-MONGERING TACTICS EMPLOYED BY ENVIRO-MANIACS  
HAVE YET AGAIN BEEN PROVEN TO BE EXAGGERATIONS AND LIES.**

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*We are expected to believe that maniacs are a credible group of environmentalists. They certainly cannot be trusted about organic food products.*

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*Enviro-maniacs  
are not researchers.  
They are not scientists.  
They were totally wrong  
about organic food.  
To be blunt,  
enviro-maniacs cannot  
be trusted regarding  
pest control products !*

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**FORCE OF NATURE** was launched for continuous transmission on the Internet on January 1st, 2009. It is a series of e-newsletters destined for the **GREEN SPACE INDUSTRY**, the **ENVIRONMENTAL MOVEMENT**, politicians, municipalities, and the media, nation-wide across Canada, and parts of the United States. **FORCE OF NATURE** is produced in two parts. First. The **MEDIA REPORT** itself that reports on the current events affecting the future of the **GREEN SPACE INDUSTRY**. Second. **INDEPENDENT PERSPECTIVE**, which is a running commentary, sometimes also of a more technical in nature.

**FORCE OF NATURE** is the brainchild of William H. Gathercole and his entourage. The opinions expressed in these e-newsletters, even though from an **INDEPENDENT PERSPECTIVE**, may not reflect those of everyone in the **GREEN SPACE INDUSTRY**, or Mr. Gathercole's many associates. Be warned ! Mr. Gathercole and his team may sometimes be very irreverent and fearless with these e-newsletters.

William H. Gathercole holds a degree in Horticulture from the **UNIVERSITY OF GUELPH**, and another pure and applied science degree from **MCGILL UNIVERSITY**. He has worked in virtually all aspects of the **GREEN SPACE INDUSTRY**, including public affairs, personal safety, and environmental issues. Mr. Gathercole has been a consultant and instructor for decades. Mr. Gathercole has been following the evolution of **ENVIRONMENTAL TERRORISM** for over a quarter-century. His involvement in environmental issues reached a fevered pitch in the 1990s, when he orchestrated, with others, legal action against unethical and excessive municipal regulations restricting the use of pest control products. ( i.e. the Town of Hudson. ) Although he can be accused of being **ANTI-ENVIRONMENT-MOVEMENT**, he is, in fact, simply a strong advocate **FOR** the **GREEN SPACE INDUSTRY**. However, this position has not precluded him from criticizing the industry itself. Nonetheless, his vast knowledge of our long journey with environmental issues is **UNDENIABLE**. ( Hopefully ! ) For many years, Mr. Gathercole has been a contributing columnist for **TURF & RECREATION Magazine**, Canada's Turf and Grounds Maintenance Authority.

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