



Eating Organic Food will NOT make you healthier, according to researchers at Stanford University.

The research, published in the journal Annals of Internal Medicine on September 4th, 2012, looked at 17 studies comparing people who ate Organic Food with those who did not and 223 studies that compared the levels of nutrients, bacteria, fungus or pesticides in various foods including fruits, vegetables, grains, meats, milk and eggs.

The study from Stanford University showed only MI-NOR DIFFERENCES between Organic Foods and their Conventionally-Farmed counterparts.

There are NO nutritional or safety differences between Organic Foods produced according to organic standards and those produced by means of conventional agricultural methods.

There is NO SCIENTIFIC EVIDENCE that Organic Foods is better than Conventional Food.

« Healthier » Organic Food is a MYTH, and has been DEBUNKED!

Enviro-Lunatics were also **WRONG** about several other issues ...

Global Warming was also a MYTH, and was DEBUNKED!

DDT was NOT a cancer hazard!

Enviro-Lunatics were PERSISTENTLY WRONG about the issue of cancer and conventional pest control products.

Enviro-Lunatics have relied upon JUNK SCIENCE, FEAR-MONGERING, and ALARM for OVER 50 YEARS!

Our society is BROKEN AND DEPRAVED because it has been subjected to OVER 50 YEARS OF TERROR AND PARANOIA from Enviro-Basterds who CANNOT BE TRUSTED!



« Organic »DEBUNKED!Organic FoodsProvide NoHealth Bonus

September 4th, 2012

American Council on Science and Health

Selected and Adapted Excerpts



There are NO nutritional or safety differences between foods produced according to organic standards and those produced by means of conventional agricultural methods

For years now, the Organic Food Industry has staked its business on the claim that -

« Organic » Means « Healthier »

?!?!

And for just as long, American Council on Science and Health (ACSH) has been saying that the claim is false —

There are NO nutritional or safety differences between foods produced according to organic standards and those produced by means of conventional agricultural methods.

Now, a study appearing in Annals of Internal Medicine provides evidence against the common equation of « Organic » with « Healthier ».



Led by Dr. Crystal Smith-Spangler of Stanford University, the latest investigation consisted of a systematic review of 17 human studies and 223 studies of nutrient and contamination levels in a wide array of foods, including fruits, vegetables, grains, milk, eggs, chicken, pork, and red meat.

THE RESULTS SHOWED ONLY MINOR DIFFERENCES BETWEEN ORGANIC FOODS AND THEIR CONVENTIONALLY FARMED COUNTERPARTS.

Overall, the Stanford study found LITTLE EVIDENCE supporting Organic Food's purported superiority to conventionally grown food.

And while researchers found that eating Organic Foods may reduce exposure to pesticides by 30 per cent, pesticide levels in both organic and Conventional Food were WELL WITHIN THE LIMITS set by the United states Food and Drug Administration.

In addition, according to the study, both Organic and Conventional Foods and animal products were AT EQUAL RISK OF BEING CONTAMINATED WITH POTENTIALLY DANGEROUS BACTERIA.

Phosphorus was the only nutrient that was found in higher amounts in Organic Foods.

However, since phosphorus deficiency in humans is extremely rare, the study notes that these findings have little clinical significance.

Weak evidence also suggested higher levels of phenols in Organic Foods, as well as more omega-3 fatty acids in organic milk and chicken.

When it comes to nutrition and food safety, CONVENTIONAL FOOD IS ON PAR WITH ORGANIC.



According to Dr. Crystal Smith-Spangler of Stanford University —

Consumers may choose to purchase Organic Foods for other reasons besides nutrition and food safety, such as concern for animal welfare, the environment, or preferences in taste.

According to Dr. Elizabeth Whelan of American Council on Science and Health —

The topic of Organic Foods is an emotionally-charged issue.

While THERE IS NO SCIENTIFIC EVIDENCE THAT ORGANIC IS BETTER THAN CONVENTIONAL, many people make these choices based on ideological or political beliefs and marketing as opposed to nutritional concerns.

According to Dr. Ruth Kava of American Council on Science and Health —

Many people do not realize that organic labeling actually HAS NOTHING TO DO WITH NUTRITIONAL VALUE OR SAFETY.

It was instituted as a marketing device by the United States Department of Agriculture.

It's refreshing to see a study stand up for scientific truth that is, ORGANIC AND CONVENTIONALLY-GROWN FOODS HAVE NEARLY IDENTICAL NUTRITIONAL VALUES.



« Organic » DEBUNKED! Organic Foods NOT Healthier Or More Nutritious

September 3, 2012

HealthDay News

Selected and Adapted Excerpts



Organic Foods are almost invariably MORE EXPENSIVE than their conventionally-produced counterparts but they are NOT NECESSARILY HEALTHIER OR MORE NUTRITIOUS, new research suggests.

Scientists found no consistent differences in vitamin content between Organic and Conventional Foods and few significant differences in health benefits.

They did note, however, that Organic Foods are 30 per cent less likely to be contaminated with pesticides than conventional fruits and vegetables though the pesticide levels of all foods fell within allowable limits — and that organic chicken and pork appeared to lessen exposure to antibioticresistant bacteria.

According to Dr. Crystal Smith-Spangler of Stanford University —

We didn't find strong evidence that Organic Food was significantly more nutritious or healthier

We thought we'd find more significant differences, but there are many reasons why someone might consume Organic Foods.

Health is one, but they may be concerned about the environment, animal welfare practices or taste, and we weren't evalu-

I think different people will make different decisions based on our findings.

Dr. Crystal Smith-Spangler is an Instructor at Stanford University School of Medicine and a Physician-Investigator at the VA Palo Alto Health Care System, in California.



The study is published September 4th, 2012, in the Annals of Internal Medicine.

Smith-Spangler and her colleagues analyzed 237 previous studies, including 17 involving human consumption of organic vs. conventional diets and 223 comparing either the nutrient levels or the bacterial, fungal or pesticide contamination of products such as fruits, vegetables, grains, meats, milk, poultry and eggs produced organically and conventionally.

Organic Foods, often TWICE AS COSTLY as their conventional counterparts, have become big business in the United States in recent years, with estimated sales skyrocketing from 3.6 billion dollars to 26.7 billion dollars between 1997 and 2010, according to study background information.

Organic Foods are generally grown without synthetic pesticides, fertilizers, irradiation, or chemical food additives and without routine use of antibiotics or growth hormones.

Organic livestock are offered freedom of movement and access to the outdoors and are fed pesticide- and animal by-product-free organic feed.

Only one nutrient, phosphorous, was found to be significantly more abundant in Organic Foods, but researchers felt this had little clinical significance since few people are deficient in phosphorous.

Also, NO DIFFERENCE IN PROTEIN OR FAT CONTENT was observed between organic and conventional milk, though limited previous studies did suggest organic milk contains markedly higher levels of omega-3 fatty acids, which may lower the risk of conditions such as heart disease, cancer and arthritis.



FORCE OF NATURE | THE WHOLE TRUTH FROM AN INDEPENDENT PERSPECTIVE from National Organization Responding Against HUJE that seek to harm the Green Space Industry (NORAHG)



We are living in the 9|11 Era of Anti Pesticide Terrorism where at least ONE SUBVERSIVE ACT OF TERROR is Perpetrated EVERY SINGLE DAY by enviro lunatics.

We are living in the DARK AGE OF ANTI PESTICIDE TERRORISM where sound science is trumped by FAKE SCIENTISTS JUNK SCIENCE and UNVERIFIABLE SECRET EVIDENCE through FABRICATION, INNUENDO, and INTERNET RUMOUF — scientific research PROVES that pest control products CAUSE NO HARM and can be USED SAFELY.

NORAHG is the National Organization Responding Against HUJE that seek to harm the Green space industry.

NORAHG morally represents the VAST SILENT MAJORITY of people associated with turf and ornamental plant maintenance who are OPPOSED to Anti Pesticide PROHIBITION and the CLOSURE of green spaces under the RIDICULOUS PRETEXT of somehow « saving » the environment

NORAHG is a NATIONAL NON PROFIT NON PARTISAN organization that does not accept money from corporations or governments or trade associations, and represents NO VESTED INTERESTS WHATSOEVER.

NORAHG is dedicated to reporting the work of RESPECTED and HIGHLY RATED EXPERTS who promote ENVIRONMEN-TAL REALISM and PESTICIDE TRUTHS

Anti Pesticide HUJE are enviro lunatics and lawn haters who particularly DESPISE the golf industry — they are Hateful Underhanded Jokes as Environmentalists who have been WRONG FOR OVER 50 YEARS.

There is NO RECOURSE but LITIGATION against Anti Pesticide HUJE.

Another RECOURSE is to SEEK the CANCELLATION of GOVERNMENT GRANTS and REVOCATION of the TAX EXEMPT STATUS of Anti Pesticide Organizations.

HUJE should Get OFF Our grASS, and they should Roast In Hell

NORAHG manages the Library of Force Of Nature Reports and References, which is a VAST ARCHIVE of REPORTS, MEDIA REFERENCES, AUDIO CLIPS, and VIDEOS on ALL Anti Pesticide Terrorist Acts of Subversion.

The purpose of this ARCHIVE is to provide information that will lead to a SUCCESSFUL LITIGATION AGAINST Anti-Pesticide Organizations.

All names, statements, activities, and affiliations have been ARCHIVED for the intention of eventual CRIMINAL CHARGES.

When CRIMINAL CHARGES for FRAUD and CONSPIRACY are laid, legal experts say that the ARCHIVE is sufficient to lead to a SUCCESSFUL PROSECUTION!

NORAHG also produces FORCE OF NATURE, reports that present THE WHOLE TRUTH FROM AN INDEPENDENT PER SPECTIVE about environmental issues, including anti pesticide terrorism.

FORCE OF NATURE is a series of reports destined for the green space industry, the environmental terrorist movement, governments, and the media, nationwide across Canada, the United States, and overseas.

FORCE OF NATURE is committed to SOUND SCIENCE, as well as ground breaking original reporting that informs, entertains, and creates real change.

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The Whole Truth from an Independent Perspective

