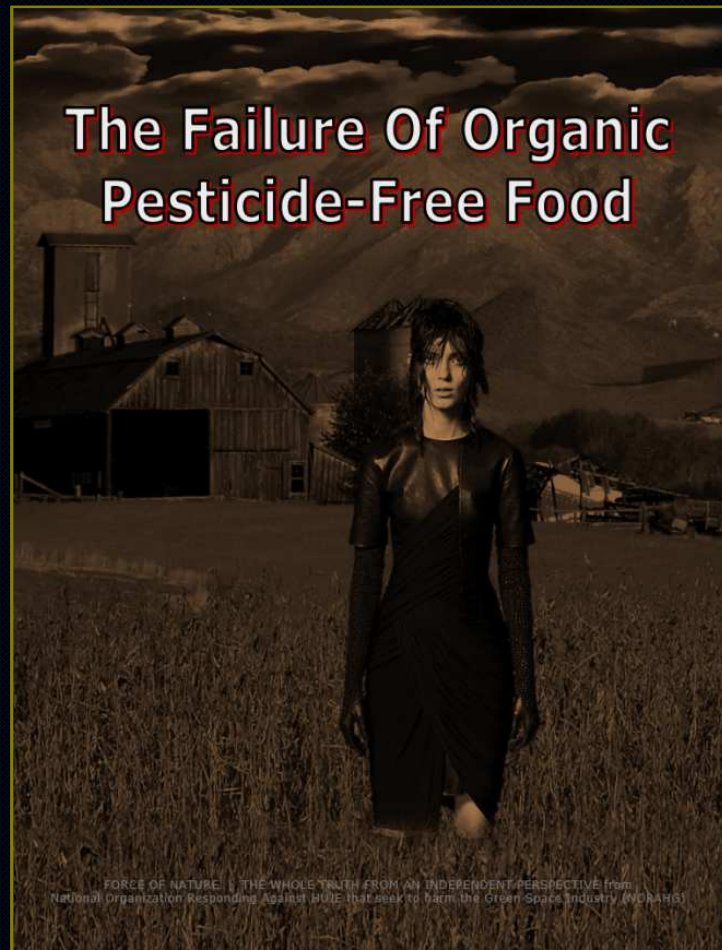




FORCE OF NATURE | THE WHOLE TRUTH FROM AN INDEPENDENT PERSPECTIVE from
National Organization Responding Against HUIE that seek to harm the Green Space Industry (NORAHG)



Eating Organic Food will NOT make you healthier, according to researchers at Stanford University.

The research, published in the journal Annals of Internal Medicine on September 4th, 2012, looked at 17 studies comparing people who ate Organic Food with those who did not and 223 studies that compared the levels of nutrients, bacteria, fungus or pesticides in various foods – including fruits, vegetables, grains, meats, milk and eggs.

The study from Stanford University showed only MINOR DIFFERENCES between Organic Foods and their Conventionally-Farmed counterparts.

There are NO nutritional or safety differences between Organic Foods produced according to organic standards and those produced by means of conventional agricultural methods.

There is NO SCIENTIFIC EVIDENCE that Organic Foods is better than Conventional Food.

« *Healthier* » Organic Food is a MYTH, and has been DEBUNKED !

Enviro-Lunatics were also WRONG about several other issues ...

Global Warming was also a MYTH, and was DEBUNKED !

DDT was NOT a cancer hazard !

Enviro-Lunatics were PERSISTENTLY WRONG about the issue of cancer and conventional pest control products.

Enviro-Lunatics have relied upon JUNK SCIENCE, FEAR-MONGERING, and ALARM for OVER 50 YEARS !

Our society is BROKEN AND DEPRAVED because it has been subjected to OVER 50 YEARS OF TERROR AND PARANOIA from Enviro-Basterds who CANNOT BE TRUSTED !

FAILURE

Organic

« Organic »
DEBUNKED !
Organic Foods
Provide No
Health Bonus

September 4th, 2012

American Council on Science and Health

Selected and Adapted Excerpts

BOGUS Organic Agriculture

There are NO nutritional or safety differences between foods produced according to organic standards and those produced by means of conventional agricultural methods

For years now, the Organic Food Industry has staked its business on the claim that —

« *Organic* » Means « *Healthier* »

?!?!

And for just as long, American Council on Science and Health (ACSH) has been saying that the claim is false —

There are NO nutritional or safety differences between foods produced according to organic standards and those produced by means of conventional agricultural methods.

Now, a study appearing in Annals of Internal Medicine provides evidence against the common equation of « *Organic* » with « *Healthier* ».

BOGUS

Organic Agriculture

Led by Dr. Crystal Smith-Spangler of Stanford University, the latest investigation consisted of a systematic review of 17 human studies and 223 studies of nutrient and contamination levels in a wide array of foods, including fruits, vegetables, grains, milk, eggs, chicken, pork, and red meat.

THE RESULTS SHOWED ONLY MINOR DIFFERENCES BETWEEN ORGANIC FOODS AND THEIR CONVENTIONALLY FARMED COUNTERPARTS.

Overall, the Stanford study found LITTLE EVIDENCE supporting Organic Food's purported superiority to conventionally grown food.

And while researchers found that eating Organic Foods may reduce exposure to pesticides by 30 per cent, pesticide levels in both organic and Conventional Food were WELL WITHIN THE LIMITS set by the United States Food and Drug Administration.

In addition, according to the study, both Organic and Conventional Foods and animal products were AT EQUAL RISK OF BEING CONTAMINATED WITH POTENTIALLY DANGEROUS BACTERIA.

Phosphorus was the only nutrient that was found in higher amounts in Organic Foods.

However, since phosphorus deficiency in humans is extremely rare, the study notes that these findings have little clinical significance.

Weak evidence also suggested higher levels of phenols in Organic Foods, as well as more omega-3 fatty acids in organic milk and chicken.

When it comes to nutrition and food safety, CONVENTIONAL FOOD IS ON PAR WITH ORGANIC.

BOGUS

Organic Agriculture

According to Dr. Crystal Smith-Spangler of Stanford University —

Consumers may choose to purchase Organic Foods for other reasons besides nutrition and food safety, such as concern for animal welfare, the environment, or preferences in taste.

According to Dr. Elizabeth Whelan of American Council on Science and Health —

The topic of Organic Foods is an emotionally-charged issue.

While THERE IS NO SCIENTIFIC EVIDENCE THAT ORGANIC IS BETTER THAN CONVENTIONAL, many people make these choices based on ideological or political beliefs and marketing as opposed to nutritional concerns.

According to Dr. Ruth Kava of American Council on Science and Health —

Many people do not realize that organic labeling actually HAS NOTHING TO DO WITH NUTRITIONAL VALUE OR SAFETY.

It was instituted as a marketing device by the United States Department of Agriculture.

It's refreshing to see a study stand up for scientific truth — that is, ORGANIC AND CONVENTIONALLY-GROWN FOODS HAVE NEARLY IDENTICAL NUTRITIONAL VALUES.

FAILURE

Organic

« Organic »
DEBUNKED !
Organic Foods
NOT Healthier
Or More Nutritious

September 3, 2012

HealthDay News

Selected and Adapted Excerpts

BOGUS US

Organic Agriculture

Organic Foods are almost invariably MORE EXPENSIVE than their conventionally-produced counterparts but they are NOT NECESSARILY HEALTHIER OR MORE NUTRITIOUS, new research suggests.

Scientists found no consistent differences in vitamin content between Organic and Conventional Foods and few significant differences in health benefits.

They did note, however, that Organic Foods are 30 per cent less likely to be contaminated with pesticides than conventional fruits and vegetables — though the pesticide levels of all foods fell within allowable limits — and that organic chicken and pork appeared to lessen exposure to antibiotic-resistant bacteria.

According to Dr. Crystal Smith-Spangler of Stanford University —

We didn't find strong evidence that Organic Food was significantly more nutritious or healthier

We thought we'd find more significant differences, but there are many reasons why someone might consume Organic Foods.

Health is one, but they may be concerned about the environment, animal welfare practices or taste, and we weren't evaluating that.

I think different people will make different decisions based on our findings.

Dr. Crystal Smith-Spangler is an Instructor at Stanford University School of Medicine and a Physician-Investigator at the VA Palo Alto Health Care System, in California.

BOGUS US

Organic Agriculture

The study is published September 4th, 2012, in the Annals of Internal Medicine.

Smith-Spangler and her colleagues analyzed 237 previous studies, including 17 involving human consumption of organic vs. conventional diets and 223 comparing either the nutrient levels or the bacterial, fungal or pesticide contamination of products such as fruits, vegetables, grains, meats, milk, poultry and eggs produced organically and conventionally.

Organic Foods, often TWICE AS COSTLY as their conventional counterparts, have become big business in the United States in recent years, with estimated sales skyrocketing from 3.6 billion dollars to 26.7 billion dollars between 1997 and 2010, according to study background information.

Organic Foods are generally grown without synthetic pesticides, fertilizers, irradiation, or chemical food additives and without routine use of antibiotics or growth hormones.

Organic livestock are offered freedom of movement and access to the outdoors and are fed pesticide- and animal by-product-free organic feed.

Only one nutrient, phosphorous, was found to be significantly more abundant in Organic Foods, but researchers felt this had little clinical significance since few people are deficient in phosphorous.

Also, NO DIFFERENCE IN PROTEIN OR FAT CONTENT was observed between organic and conventional milk, though limited previous studies did suggest organic milk contains markedly higher levels of omega-3 fatty acids, which may lower the risk of conditions such as heart disease, cancer and arthritis.



Organic Food Was BOGUS

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