



Canadian
Cancer
Society

BRITISH COLUMBIA AND YUKON

Canadian Cancer Society's "interACTION" workshop - *preventing cancer and taking action*

- **Do you know that at least 50% of cancers can be prevented?**
- **Do you know how you can reduce your risk of cancer?**
- **Do you want to learn how to make healthy choices, easy choices?**

The Canadian Cancer Society's "interACTION" workshop is an exciting, new resource promoting cancer prevention and community action. The "interACTION" workshop is an interactive, participatory and informative session for workplaces, schools, community groups and conferences within the Interior Region.

We know that at least 50% of cancers are preventable. The "interACTION" workshop introduces participants to four key areas linked to cancer risk:

- Tobacco use & exposure
- Poor Nutrition, inactivity and obesity
- UV exposure, and
- Environmental and occupational carcinogens

The workshop engages participants to look at the four key areas, identify barriers and create actions steps to make healthy choices easy choices to reduce cancer risk. The concepts learned in this workshop can also be applied to other chronic disease prevention initiatives.

Our trained volunteer facilitators are eager to work with your group! We provide all the necessary materials, and there is no cost for this 'hands on' workshop. The "interACTION" workshop requires a minimum of 1 hour or can be extended to meet your organizational needs.

To find out how the Canadian Cancer Society can bring this workshop to you, please contact Lisa Weber at 762.6381 or via email at lweber@bc.cancer.ca.

Let's Make Cancer History | 1 888 939-3333 | www.cancer.ca

Support the Canadian Cancer Society by purchasing daffodils for your organization or to be donated to local community hospitals and extended care facilities.

**PURCHASE A BOX of 500 DAFFODILS
(bunches of 10)
FOR ONLY \$175 INCLUDING GST AND DELIVERY.**

Contact Alana Francis @ 250-762-6381 for more information.

DAFFODIL ORDER FORM

FAX TO: 250 762-8855

ORGANIZATION NAME: _____ CONTACT: _____

ADDRESS: _____ CITY: _____

POSTAL CODE: _____ PHONE: _____ EMAIL: _____

DELIVERY ADDRESS: _____

DELIVERY DATE: (Pick one only) **Wed.March 22** **Thurs.March 23** **Fri.March 24**
(Exact time of delivery cannot be guaranteed)

10 blooms per bunch

of Bunches: _____ @ \$4 per bunch: \$.....

of Groups: _____ @ \$35 per group: \$.....

10 bunches per group

of Boxes: _____ @ \$175 per box: \$.....

of Donated Boxes: _____ @ \$175 per box: \$.....

**Minimum \$25
order required
for delivery**

Total Order..... \$.....

METHOD OF PAYMENT: (Check one) CHEQUE CREDIT CARD (Visa, M/C, AMEX)

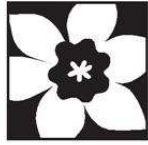
(Cheques payable to: Canadian Cancer Society, Attn: Alana Francis, 1633 Pandosy St., Kelowna, BC V1Y 1P6)

CREDIT CARD NO: _____ EXP: _____

NAME AS IT APPEARS ON CARD: _____ SIGNATURE: _____

Please let this form serve as your invoice and keep a copy for your records.

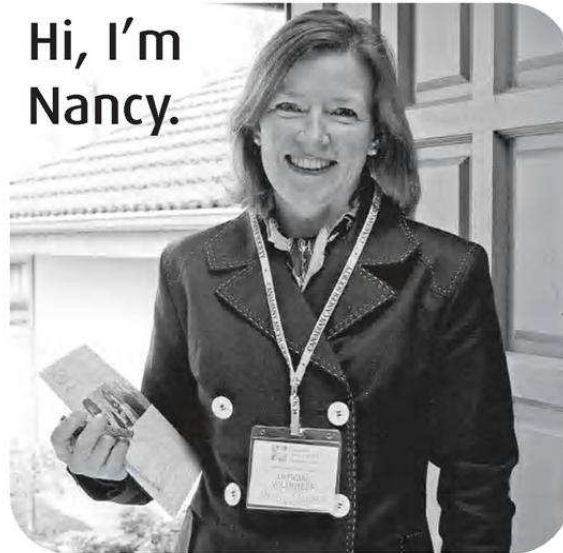
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BRITISH COLUMBIA AND YUKON

Hi, I'm
Nancy.



I'm proud to support the
Canadian Cancer Society.

This April, join Nancy and 13,000
other caring volunteer canvassers
to go door to door to raise funds
for cancer prevention, research and
support.

To find out how you can
volunteer in the fight
against cancer,
call 250.762.6381.



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REMEMBER :
Even though our daffodils
are treated with pesticides,
they are **NOT TOXIC !**