

# THE WINDSOR STAR

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WINDSOR ESSEX ASSOCIATION FOR VOLUNTEER ADMINISTRATION

## LETTERS

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### Healthy food choices can be safe and affordable

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**SoapBox**  
 Apr 26, 2013 - 2:56 PM EDT  
 Last Updated: Apr 26, 2013 - 2:59 PM EDT

#### Re: Healthy foods your wallet will love, Drs. Oz and Roizen, April 25.

Dr. Oz can't seem to make up his mind about what message he wants to send to consumers at the grocery store.

One thing's for sure, it would be extremely unfortunate if consumers avoided certain fruits and vegetables due to unfounded fears about pesticide residues when the health benefits of these foods are so clearly evident.

Whether the food you eat is grown conventionally or organically, the most important thing is that you get the daily intake of fruits and vegetables that's recommended by Health Canada.

Canadians concerned about the potential for exposure to pesticide residues should know that both Health Canada and the Canadian Food



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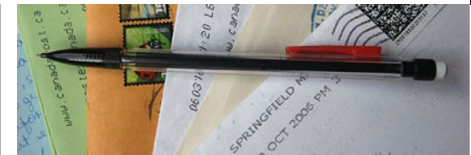
According to a report released in 2012 by the CFIA, 99 per cent of the fruits and vegetables it tested complied with Health Canada's standards for pesticide residues on Canadian food products. In fact, most had no detectable levels whatsoever.

Dr. Oz's cavalier insinuation that pesticide residues in food are an actual concern is irresponsible and not supported by scientific evidence. Better advice would be to encourage consumers to wash their fruits and vegetables before consuming them — bacterial contamination is an actual and significant health threat.

Canadians have access to one of the safest food supplies in the world and consumers should feel good knowing that healthy food choices can be both safe and affordable.

*LORNE HEPWORTH, President, CropLife Canada, Ottawa*

**Tags:** [Canadian Food Inspection Agency](#), [CFIA](#), [Dr. Oz](#), [Dr. Roizen](#)



## Poll Questions

**Are you winning more Roll Up The Rim prizes this year or fewer?**



Are you winning more or fewer Tim Hortons Roll Up The Rims this year than

other years?

**Poll Question: Do you think tap water will taste better without fluoride?**



After 51 years, the addition of fluoride to drinking water came to a halt today in

Windsor, LaSalle and Tecumseh.

Lively discourse is the lifeblood of any healthy democracy and The Star encourages readers to engage in robust debates about our stories. But, please, avoid personal attacks and keep your comments respectful and relevant. If you encounter abusive comments, click the "X" in the upper right corner of the comment box to report spam or abuse. The Star is Using Facebook Comments. Visit our [FAQ page](#) for more information.

@thewindsorstar



WinStarSports

Sanchez sets Tigers record with 17 strikeouts

<http://t.co/4peomUCHbd>

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smrkej

RT @DavidMady1970:

Congratulations to Mario Duri...you did it! Job well done my friend.

<http://t.co/vtUX4tHwW0>

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**Norah G Fon** · 17 years old

Dr. Hepworth is among several LEADING EXPERTS who have recognized expertise, training and background in matters concerning pest control products. Dr. Hepworth is also Canada's MOST EFFECTIVE and CONSISTENT SPOKESMAN on the subject of public policy and pest control products. <http://wp.me/P1jq40-2eG> In Letters To The Editor across Canada, Dr. Hepworth has effectively and consistently spoken out against activists and anti-pesticide prohibitions on a very frequent basis. Dr. Hepworth SPEAKS THE TRUTH — and deserves CONGRATULATION. Dr. Hepworth and other LEADING EXPERTS have publicly stated, in one form or another, that pest control products are SCIENTIFICALLY-SAFE. Those have THE WISDOM OF REAL EXPERTS include the following people... <http://wp.me/p1jq40-5DD> • AMES, Bruce Nathan, Doctor • BRANHAM, Bruce, Professor • CHUDLEIGH, Ted, Policy Expert • DOLL, William Richard Shaboe, Doctor • DOST, Frank N., Doctor • DRIESSEN, Paul K., Juris Doctor • DRYSDALE, Art C., Horticulturist • EDWARDS, J. Gordon, Doctor • FELSOT, Allan S., Doctor • HEPWORTH, Lorne, Doctor • HOLLAND, John J., Communications Director • MAINS, Howard, Government Relations & Public Affairs • MILLOY, Steven J., Juris Doctor • RITTER, Leonard, Doctor • ROSS, Gilbert L., Doctor • SCHWARCZ, Joseph A., Doctor • SOLOMON, Keith Ross, Doctor • STEPHENSON, Gerald R., Professor • SWITZER, Clayton M., Doctor • The 350 EXPERT SCIENTISTS at HEALTH CANADA • The THOUSANDS OF EXPERT SCIENTISTS at U.S. ENVIRONMENTAL PROTECTION AGENCY • VON STACKELBERG, Katherine, Doctor • WHELAN, Elizabeth M., Doctor • WOOD, Joel, Doctor. Dr. Hepworth and other LEADING EXPERTS have SPOKEN OUT AGAINST THE MYTHS about pest control products. <http://wp.me/P1jq40-3jm> <http://wp.me/p1jq40-57S> WILLIAM H. GATHERCOLE AND NORAH G. <http://wp.me/p1jq40-57S>



guard on second day of draft  
<http://t.co/ROXfxrtmK4>

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**martybeneteau**  
RT @DavidMady1970:  
Congratulations to Mario Duri...you did it! Job well done my friend.  
<http://t.co/vtUX4tHwvO>

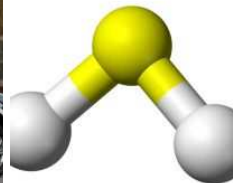
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